¡Muevete por tu Salud!

Adultos con discapacidades tienen un mayor riesgo de desarollar Diabetes Tipo 2.

#MueveteportuSalud

DoIHavePrediabetes.org

LAKESHORE

NATIONAL ASSOCIATION OF CHRONIC DISEASE DIRECTORS
Promoting Health. Preventing Disease.

NCHPAD

NRPA National Recreation and Park Association
Because everyone deserves a great park

PARKS FOR INCLUSION